

SPICESNCHEFS NBQ & INDIRA MESS MENU

| Date | Day | Breakfast | Lunch | Snacks |
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| 01-02-2023 | Wednesday | Ragi Dosa, Puffed Rice, Samber, Chutney, Tea/Coffee/Milk. | Steam Rice, Kerala Rice, Aloo Karikari, Mix Dal, Samber, Rasam, Chapati, Payasam, Pickle. | Goli Kadabu, Chutney, Tea & Coffee, Milk(L). |
| 02-02-2023 | Thursday | Aloo Parota, Bisi Bele Bath, Chutney, Tea/Coffee/Milk. | Steam Rice, Kerala Rice, Meal Meaker, Jeera Dal, Samber, Rasam, Chapathi, Butter Milk, Salad, Pickle, Papad. | Veg Pakoda, Chutney, Tea & Coffee, Milk(L). |
| 03-02-2023 | Friday | Veg Idli, Vada(L), Sambar, Chutney, Tea/Coffee/Milk. | Steam Rice, Kerala Rice, Aloo Gobi Masala, Ginger Dal, Samber, Rasam, Chapati, Curd Rice, Jaljeera Juice, Pickle. | Mangalore Bhaji, Chutney, Tea & Coffee, Milk(L). |
| 04-02-2023 | Saturday | Masala Dosa, Khara Bath, Samber, Chutney, Tea/Coffee/Milk. | Steam Rice, Kerala Rice, Kadi Pakoda, Dalcha, Samber, Rasam, Chapathi, Curd(L), Pickle. | Spring Roll, Tea & Coffee, Milk(L). |
| 05-02-2023 | Sunday | Poori, Tamrind Rice, Veg Saagu, Tea/Coffee/Milk. | Steam Rice, Methi Mutter Masala, Jeera Rice, Dal Tadka, Rasam, Chapathi, Curd(L), Pickle. | Veg Sandwich, Ketchup, Tea & Coffee, Milk(L). |
| 06-02-2023 | Monday | Onion Dosa, Pulihograree, Samber, Chutney, Tea/Coffee/Milk. | Steam Rice, Kerala Rice, Veg Kadai, Dal Thoyi, Samber, Rasam, Chapati, Curd, Pickle. | Semiya Cutlete, Ketchup, Tea /Coffee/Milk(L). |
| 07-02-2023 | Tuesday | Aloo Paratha,Veg Upma,Chutney, Tea/Coffee/Milk. | Steam Rice, Kerala Rice,Veg Pulao, Black Eyed Beans Kohrma, Garlic Dal, Rasam, Chapathi,Raitha, Pickle. | Kachori, Chutney, Tea /Coffee/ Milk(L). |
| 08-02-2023 | Wednesday | Rava Idli, Mixed Veg Poha, Samber, Chutney, Tea/Coffee/Milk. | Steam Rice, Kerala Rice, Aloo Kara Kari, Dalcha,Samber, Mint Rasam, Jeera Chapati, Payasam, Pickle. | Sheera,Namkeen, Tea/ Coffee/ Milk(L). |
| 09-02-2023 | Thursday | Set Dosa, Vangi Bath, Chutney, Tea/Coffee/Milk. | Steam Rice, Kerala Rice, Raddish Moong Curry,Kadi Pakodi, Samber, Mint Rasam, Jeera Chapati, Payasam, Pickle. | Masala poori, Tea/Coffee,/Milk(L). |
| 10-02-2023 | Friday | Mysore Bonda, Semiya Upma, Samber, Chutney, Tea/Coffee/Milk. | Steam Rice, Kerala Rice, Aloo Methi Dry, Garlic Dal, Samber, Corriander Rasam, Ajwain Chapati, Lemon Juice Curd Pickle. | Veg Pakoda , Chutney, Tea / Coffee/Milk(L). |
| 11-02-2023 | Saturday | Idli, Vada (L), Puffed Rice,Samber, Chutney, Tea/Coffee/Milk. | Steam Rice, Kerala Rice, Rajma Masala,White Pumpkin Poriyal, Bhindi Sambar, Garlic Rasam, Chapathi, Butter Milk, Pickle. | Veg Noodles, Tea /Coffee/Milk(L). |
| 12-02-2023 | Sunday | Poori, Chole,Khara Bhath, Chutney, Tea/Coffee/Milk. | Steam Rice,Ghee Rice,3Beans Masala, Dal Kolhapuri, Gram Rasam, Chapati, Curd (L), Pickle. | Adai Dosa,Chutney, Tea /Coffee/Milk(L). |
| 13-02-2023 | Monday | Set Dosa, Tamarind rice, Sambar, Chutney, Tea/Coffee/Milk,. | Steam Rice, Kerala Rice, Soya Veg Kadai, Dal Fry, Brinjal Sambar, Tomato Rasam, Methi Thepla, Curd(L), Pickle. | Masala Puri, Tea & Coffee, Milk(L). |
| 14-02-2023 | Tuesday | Mix Veg Paratha, Pongal, Chutney, Tea/Coffee/Milk. | Steam Rice, Kerala Rice, Lauki Lobia Masala, Palak Dal, Samber, Pepper Rasam, Chapathi, Payasam, Pickle. | Vada Pav, Tea & Coffee, Milk(L). |

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| 15-02-2023 | Wednesday | Veg Idli, Vada (L), Sambar, Chutney, Tea/Coffee/Milk. | Steam Rice, Peas Korma, Ghee Rice, Tadka Dal, Pumpkin Sambar, Garlic Rasam, Chapati, Curd, Rasna Juice Pickle | Tomato Omlete, Chutney,Tea,Coffee, Milk. |
| 16-02-2023 | Thursday | Masala Dosa, Tomato Rice, Sambar, Chutney, Tea/Coffee/Milk. | Steam Rice, Kerala Rice, Aloo Methi Dry, Mix Dal, Drumstic Sambar, Rasam, Chapathi, Curd(L) Pickle | Ela Ada, Tea & Coffee, Milk(L). |
| 17-02-2023 | Friday | Veg Upma, Peanut Poha, Chutney, Tea/Coffee/Milk. | Steam Rice, Kerala Rice, Kadi Pakoda, Green Moong Dal, Mix Veg Sambar, Corriander Rasam, Chapati, Butter Milk, Pickle | Mysore Masala Dosa, Chutney,Tea & Coffee, Milk(L). |
| 18-02-2023 | Saturday | Rava Idli, Mysore Bonda, Samber, Chutney, Tea/Coffee/Milk. | Steam Rice, Kerala Rice, 5 Bean Curry, Dal, Madras Sambar, Ginger Rasam, Chapathi, Curd(L) Pickle. | Kachori, Sweet Chutney, Tea & Coffee, Milk(L). |
| 19-02-2023 | Sunday | Batura , Masala Rice, Guguni, Tea/Coffee/Milk. | Steam Rice, Kerala Rice, Avil, Jeera Dal, Sambar, Rasam, Missi Roti, Curd(L), Pickle, Salad | Ragda Pattice, Bhaji, Tea & Coffee, Milk(L). |
| 20-02-2023 | Monday | Onion Uthappa, Vangi Bath, Samber, Chutney, Tea/Coffee/Milk. | Steam Rice, Kerala Rice, Rajma Rasila, Padwal Poriyal, Samber, Rasam, Chapati, Curd(L) Pickle. | Sweet Buns,Chutney, Tea & Coffee, Milk(L). |
| 21-02-2023 | Tuesday | Shemiya Upma, Aloo Poha, Chutney, Tea/Coffee/Milk. | Steam Rice, Meal Mekar,Veg Biriyani, Dal Tadka, Rasam, Chapathi, Raita, Pickle. | Samosa, Tea & Coffee,Milk(L). |
| 22-02-2023 | Wednesday | Ragi Dosa, Puffed Rice, Samber, Chutney, Tea/Coffee/Milk. | Steam Rice, Kerala Rice, Bhindi Dahi Curry, Mix Dal, Samber, Rasam, Chapati, Semivaa Kheer Pickle. | Mini Burger, Tea & Coffee, Milk(L). |
| 23-02-2023 | Thursday | Aloo Parota, Bisi Bele Bath, Chutney, Tea/Coffee/Milk. | Steam Rice, Kerala Rice, Mix Veg Dry, Jeera Dal, Samber, Rasam, Chapathi, Butter Milk, Pickle, Papad. | Noodles, Tea & Coffee, Milk(L). |
| 24-02-2023 | Friday | Idli, Vada (L), Chutney, Tea/Coffee/Milk. | Steam Rice, Kerala Rice, Gobi Capsicum Masala, Ginger Dal, Samber, Rasam, Chapati, Curd Rice, Lemon Juice, Pickle. | Onion Pakoda, Ketchup,Tea & Coffee, Milk(L). |
| 25-02-2023 | Saturday | Plain Dosa, Khara Bath, Samber, Chutney, Tea/Coffee/Milk. | Steam Rice, Kerala Rice, Kadi Pakoda, Dal, Samber, Rasam, Chapathi, Sweet Payasam(L), Pickle. | Masala Bhel Puri, Tea & Coffee, Milk(L). |
| 26-02-2023 | Sunday | Poori, Tamarind Rice, Veg Saagu, Tea/Coffee/Milk. | Steam Rice, Paneer Mutter, Jeera Rice, Dal Tadka, Rasam, Chapathi, Curd(L), Pickle. | Veg Pakoda, Chuteny, Tea & Coffee, Milk(L). |
| 27-02-2023 | Monday | Set Dosa, Pongal, Samber, Chutney, Tea/Coffee/Milk. | Steam Rice, Kerala Rice, Cabbage Poriyal, Chole Masala, Samber, Rasam, Chapathi, Curd(L) Pickle. | Semiya Cutlet ,Chutney, Tea & Coffee, Milk(L). |
| 28-02-2023 | Tuesday | Veg Upma, Puffed Rice, Chutney, Tea/Coffee/Milk. | Steam Rice, Veg Kadai,Corn Pulao, Dal Tadka, Rasam, Chapathi, Raita, Pickle. | Mini Burger, Tea & Coffee,Milk(L). |

Note 1;- Fresh Juice & Choice of Eggs are Available on Ala-a-Carte.

Note 2;- And Bread Toast or Cornflakes or Porridge can avail as Option against the reg

Dinner

Steam Rice, Kerala Rice, Chole Masala, Sambar, Ginger Rasam, Poori, Curd(L), Pickle.

Steam Rice, Kerala Rice, Tomato Bath, Khichdi, Sambar, Lemon Rasam, Chapati, Cut Fruits(L), Pickle.

Steam Rice, Kerala Rice, Veg Kadai, Coconut Dal, Sambar, Rasam, Chapati, Curd, Pickle.

Steam Rice, Kerala Rice, Aloo Paneer Chilly, Dal, Sambar, Rasam, Curd(L), Pickle.

Steam Rice, Kerala Rice, Tendly Channa Dry, Bagara Dal, Sambar, Rasam, Chapathi, Sweet Pickle.

Steam Rice, Kerala Rice, Aloo Cpcicum Dry, Mix Dal, Sambar, Rasam, Chapati, Curd(L), Salad, Pickle.

Steam Rice, Kerala Rice, Yam Sukka, Methi Dal, Sambar, Pepper Rasam, Coriander Chapathi, Papad, Curd(L), Pickle.

Steam Rice, Kerala Rice, Punjabi Chole, Palak Dal, Sambar, Ginger Rasam, Poori, Curd(L), Pickle.

Steam Rice, Kerala Rice, Veg Chilli Milli, Mix Dal, Sambar, Lemon Rasam, Palak Chapati, Curd, Pickle.

Steam Rice, Kerala Rice, Seczhuan Fried Rice, Veg Ball Manchurian, Veg Clear Soup, Pickle. Cut Fruit.

Steam Rice, Kerala Rice, Aloo Paneer Chilly, Black Dal, Sambar, Rasam, Curd, Pickle, Pappad.

Steam Rice, Kerala Rice, Veg Hariyali, Dal Kohlapuri, Sambar, Tamarind Rasam, Chapathi, Pickle. Semiya Kheer.

Steam Rice, Kerala Rice. Aloo Bhindi Dry, Bagara Dal, Sambar, Rasam, Chapati, Curd(L), Pickle.

Steam Rice, Kerala Rice, Mix Veg Poriyal, Mint Dal, Sambar, Jeera Rasam, Ajwain Chapati, Curd (L), Pickle, Frymes.

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| Steam Rice, Kerala Rice, Gobhi Tomato Masala, Black Dal, Sambar, Ginger Rasam, Chapathi, Curd(L), Pickle. |
| Steam Rice, Kerala Rice, Chole Masala, Sambar, Lemon Rasam, Poori, Curd(L), Pickle. |
| Steam Rice, Kerala Rice, Cabbage Poriyal, Dal Makhani, Sambar, Rasam, Chapati, Curd, Pickle. |
| Steam Rice, Gobi Manchurian, Veg Fried Rice, Dal Thove, Rasam, Cut Fruit(L), Pickle. |
| Steam Rice, Baingan Salan, Hyderabad Biryani, Methi Dal, Rasam, Chapathi, Malpuva, Pickle |
| Steam Rice, Kerala Rice, Veg Chatpata, Ajwin Dal, Samber, Rasam, Chapati, Curd(L), Pickle |
| Steam Rice, Kerala Rice, Aloo Gobhi Dry, Garlic Dal, Sambar, Rasam, Chapati, Curd (L), Pickle, Salad. |
| Steam Rice, Kerala Rice, Pindi Chole, Samber, Ginger Rasam, Batura, Curd(L), Pickle. |
| Steam Rice, Kerala Rice, Cucumber Channa Masala, Kichadi, Sambar, Lemon Rasam, Chapati, Fruits, Curd(L), Pickle |
| Steam Rice, Kerala Rice, Veg diwani Handi, Coconut Dal, Samber, Rasam, Chapati, Pickle. |
| Steam Rice, Kerala Rice, Veg Koftha Curry, Dal Makhani, Samber, Rasam, Curd(L), Salad, Pickle |
| Steam Rice, Kerala Rice, Aloo Chole Masala, Bagara Dal, Samber, Rasam, Chapathi, Sweet(L), Pickle |
| Steam Rice, Kerala Rice, Aloo Bendi Masla,, Methi Dal, Samber, Rasam, Chapati, Curd(L), Pickle |
| Steam Rice, Kerala Rice, Soya Butter Masala, Garlic Dal, Sambar, Rasam, Chapati, Curd (L), Pickle, Salad. |
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